

# The Reaction of Cyclooctatetraene with $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]^\dagger$

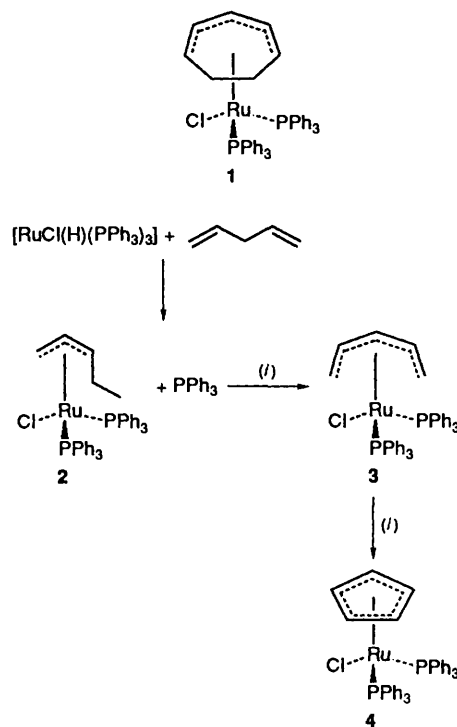
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It has been shown that  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  reacts with cyclooctatetraene to give three isomers, which are characterised by  $^1\text{H}$ ,  $^{13}\text{C}$  and  $^{31}\text{P}$  NMR spectroscopy to be two isomers of  $[\text{Ru}(\eta^5\text{-C}_8\text{H}_9)\text{Cl}(\text{PPh}_3)_2]$  and  $\{(2,3,4,5,6\text{-}\eta)\text{-bicyclo}[5.1.0]\text{octadienyl}\}$ chlorobis(triphenylphosphine)ruthenium(II). The interconversion of the two isomers of the  $(1,2,3,4,5\text{-}\eta)\text{-C}_8\text{H}_9$  derivative and the generation of an apparent plane of symmetry by exchange in the bicyclo[5.1.0]octadienyl derivative has been investigated quantitatively.

The reaction of dienes and trienes with  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  have been studied in order to investigate the mechanism of addition of this very active hydrogenation catalyst to unsaturated molecules.<sup>1</sup> The product is stabilised by co-ordination of the double bonds to the ruthenium. Thus when  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  is treated with cycloheptatriene  $[\text{Ru}(\eta^5\text{-C}_7\text{H}_9)\text{Cl}(\text{PPh}_3)_2]$  **1** is quantitatively formed.<sup>2</sup> When penta-1,4-diene is used  $[\text{Ru}(\eta^3\text{-1-anti-EtC}_3\text{H}_4)\text{Cl}(\text{PPh}_3)_2]$  **2** is initially formed, but this reacts with more penta-1,4-diene to give  $[\text{Ru}(\eta^5\text{-C}_5\text{H}_7)\text{Cl}(\text{PPh}_3)_2]$  **3** and then  $[\text{Ru}(\eta^5\text{-C}_5\text{H}_5)\text{Cl}(\text{PPh}_3)_2]$  **4**, see Scheme 1.<sup>3</sup>

In the present work the reaction of  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  with cyclooctatetraene is examined. There have been a number of studies of the reactions of cyclooctatetraene when co-ordinated to iron or ruthenium. The principal reaction has been the protonation of cyclooctatetraene. The protonation of  $[\text{Ru}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_3]$  yields  $\{(2,3,4,5,6\text{-}\eta)\text{-bicyclo}[5.1.0]\text{octadienyl}\}$ tricarbonylruthenium(1+), which then isomerises to either the  $(1,2,3,4,7\text{-}\eta)$ - or  $(1,2,3,6,7\text{-}\eta)\text{-C}_8\text{H}_9$  derivative.<sup>4</sup> Similarly, protonation of  $[\text{Ru}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_2(\text{PPh}_3)]$  yields the  $(1,2,3,6,7\text{-}\eta)\text{-C}_8\text{H}_9$  monocation.<sup>4,5</sup> The analogous iron compound  $[\text{Fe}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_3]$  is protonated to give the  $(1,2,3,4,5\text{-}\eta)\text{-C}_8\text{H}_9$  monocation as the initial product, which then isomerises to  $\{(2,3,4,5,6\text{-}\eta)\text{-bicyclo}[5.1.0]\text{octadienyl}\}$ tricarbonyliron(1+).<sup>6</sup> If hydrogen chloride is used as the acid, then protonation of  $[\text{M}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_3]$  ( $\text{M} = \text{Fe}$  or  $\text{Ru}$ ) yields the tricarbonylchloro $\{(1,2,3\text{-}\eta)\text{-cyclooctatrienyl}\}$ metal compounds.<sup>7</sup> Protonation of  $[\text{Ru}(\eta^4\text{-C}_8\text{H}_8)(\eta^6\text{-arene})]$  (arene =  $1,3,5\text{-Me}_3\text{C}_6\text{H}_3$ ,  $\text{C}_6\text{Me}_6$  or  $\text{C}_6\text{H}_5\text{Bu}^t$ ) yields initially the  $(1,2,3,4,5\text{-}\eta)\text{-C}_8\text{H}_9$  monocations which in the cases of arene =  $1,3,5\text{-Me}_3\text{C}_6\text{H}_3$  or  $\text{C}_6\text{Me}_6$ , isomerises to the  $(1,2,3,6,7\text{-}\eta)\text{-C}_8\text{H}_9$  monocations.<sup>8</sup> The reaction is not restricted to the addition of  $\text{H}^+$  to the cyclooctatetraene ring. Recently,  $[\text{Fe}\{\text{P}(\text{OMe})_3\}(\text{NO})_2(\eta^3\text{-allyl})]^+$  (allyl =  $\text{CH}_2\text{CHCH}_2$  or  $\text{CH}_2\text{CMeCH}_2$ ) has been used as a source of  $[\text{allyl}]^+$  to add to  $[\text{Ru}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_2\text{L}]$  ( $\text{L} = \text{CO}$  or  $\text{PPh}_3$ ) to yield the  $(1,2,3,6,7\text{-}\eta)\text{-C}_8\text{H}_9$  monocations and to  $[\text{Fe}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_2(\text{CNBu}^t)]$  to yield a mixture of the  $(1,2,3,4,5\text{-}\eta)\text{-C}_8\text{H}_9$  monocation and  $\{(2,3,4,5,6\text{-}\eta)\text{-bicyclo}[5.1.0]\text{octadienyl}\}$ (*tert*-butylisocyanide)-dicarbonyliron(1+).<sup>9</sup> Electrochemical oxidation of  $[\text{Ru}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_2(\text{PPh}_3)]$  yields the corresponding dimer containing  $(1,2,3,6,7\text{-}\eta:1',2',3',6',7'\text{-}\eta)\text{-C}_{16}\text{H}_{16}$ .<sup>5</sup> This reaction contrasts with the dimerisation of  $[\text{Fe}(\eta^4\text{-C}_8\text{H}_8)(\text{CO})_3]$  to yield bis $\{(2,3,4,5,6\text{-}\eta)\text{-bicyclo}[5.1.0]\text{octadienyl}\}$ hexacarbonyldiiron(1+).<sup>10</sup> The insertion of cyclooctatetraene into a ruthenium-silicon bond is known in the case of *cis*- $[\text{Ru}(\text{SiMe}_3)_2(\text{CO})_4]$ , where treatment with cyclooctatetraene in refluxing hexane yields dicarbonyl(trimethylsilyl) $\{(1,2,3,6,7\text{-}\eta)$



Scheme 1 Reaction of penta-1,4-diene with  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$ . (i) Penta-1,4-diene

trimethylsilylcyclooctatrienyl)ruthenium(II).<sup>11</sup> Clearly the reactions of cyclooctatetraene at an iron or ruthenium centre is complex with possible products containing the  $(1,2,3,4,5\text{-}\eta)\text{-C}_8\text{H}_8\text{R}$ ,  $(1,2,3,6,7\text{-}\eta)\text{-C}_8\text{H}_8\text{R}$  or  $(2,3,4,5,6\text{-}\eta)\text{-bicyclo}[5.1.0]\text{octadienyl}$  metal centres.

## Results and Discussion

The complex  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  in  $\text{CD}_2\text{Cl}_2$  was treated with cyclooctatetraene at  $-78^\circ\text{C}$  and then warmed to room temperature, and the subsequent reaction monitored by 162 MHz  $^{31}\text{P}$  NMR spectroscopy. The broad signal due to  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  decreased and new broad signals centred around  $\delta$  28 appeared. On cooling to  $-60^\circ\text{C}$  the  $^{31}\text{P}$  NMR signals sharpened and three AX patterns were resolved at  $\delta$  33.1 and 25.5,  $^2J(^{31}\text{P}\text{-}^{31}\text{P}) = 22$  Hz,  $\delta$  31.9 and 19.0,  $^2J(^{31}\text{P}\text{-}^{31}\text{P}) = 24$  Hz and  $\delta$  29.4 and 26.9,  $^2J(^{31}\text{P}\text{-}^{31}\text{P}) = 26$  Hz, in the ratio 0.45:0.41:1.00 due to isomers **5a**, **5b** and **5c**. The signals are

$^\dagger$  Non-SI unit employed: cal = 4.184 J.

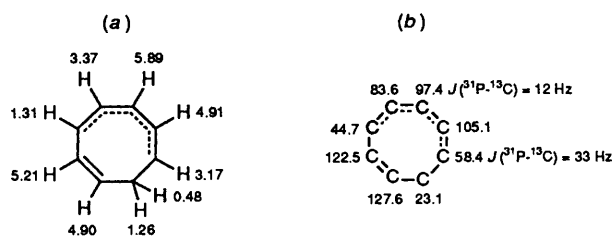


Fig. 1 The  $^1\text{H}$  and  $^{13}\text{C}$  NMR chemical shifts of the  $\text{C}_8\text{H}_9$  ligand in isomer **5c**

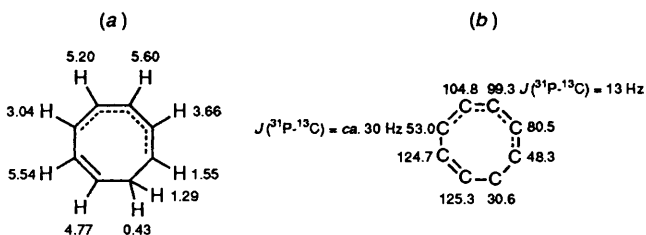


Fig. 2 The  $^1\text{H}$  and  $^{13}\text{C}$  NMR chemical shifts of the  $\text{C}_8\text{H}_9$  ligand in isomer **5b**

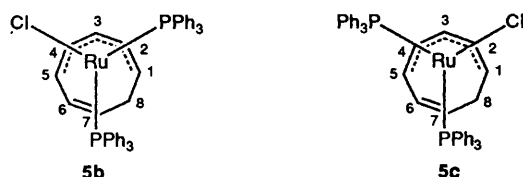
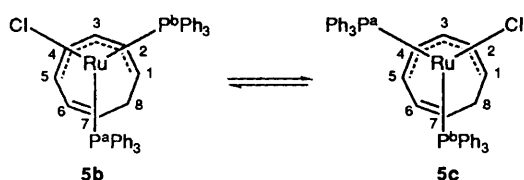
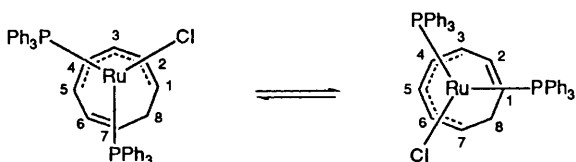


Fig. 3 The probable structures of isomers **5b** and **5c**



Scheme 2 The interconversion of isomers **5b** and **5c**



Scheme 3 The interconversion of isomers **5c** and **5c'**

quite temperature dependent with the corresponding shifts at  $-19.5^\circ\text{C}$  being  $\delta$  32.8 and 26.2, 31.6 and 19.9 and 29.6 and 25.9. On account of the marked temperature dependence of the chemical shift of the low-frequency reference of isomer **5c**, there is overlap with the low-frequency signal due to isomer **5a** at around  $-30^\circ\text{C}$ .

Magnetisation transfer was carried out at  $-19.5^\circ\text{C}$ , using  $^{31}\text{P}$  DANTE measurements. The signals at  $\delta$  32.8, 31.6, 29.6 and 19.9 were sequentially inverted. No magnetisation transfer was detected between isomer **5a** and either **5b** or **5c**. Magnetisation transfer was observed between the two inequivalent  $\text{PPh}_3$  ligands of isomer **5a**, with a rate of  $50\text{ s}^{-1}$ , corresponding to  $\Delta G^\ddagger_{253.5} = 12.8\text{ kcal mol}^{-1}$ , and between all the remaining four  $\text{PPh}_3$  signals. If these sites are labelled 1–4 at  $\delta$  31.6, 19.9, 29.6 and 25.9, respectively, then due to the symmetry of the system,  $k_{13} = k_{24}$  and  $k_{14} = k_{23}$ . This treatment gave  $k_{12} = 0.27\text{ s}^{-1}$ ,  $k_{13} = k_{24} = 0.41\text{ s}^{-1}$ ,  $k_{14} = k_{23} = 31.11\text{ s}^{-1}$  and  $k_{34} = 3.34\text{ s}^{-1}$ , with an error of 0.490. When  $k_{12}$ ,  $k_{13}$  and  $k_{24}$  were set equal to 0, then  $k_{14} = k_{23} = 31.72\text{ s}^{-1}$  and  $k_{34} = 3.80\text{ s}^{-1}$ , with an error of 0.495. If  $k_{34}$  is also set equal to 0, then the error increases to 1.561, showing that this assumption is not justified. It is

therefore concluded that  $k_{14}$ ,  $k_{23}$  and  $k_{34}$  are significant, corresponding to  $\Delta G^\ddagger_{253.5} = 13.0\text{ kcal mol}^{-1}$  for  $1 \rightarrow 4$  and  $2 \rightarrow 3$  and  $14.1\text{ kcal mol}^{-1}$  for  $3 \leftrightarrow 4$ . No reliable values can be attached to  $k_{12}$ ,  $k_{13}$  or  $k_{24}$  but these rate constants must be small, and an upper value of  $1\text{ s}^{-1}$  can be given corresponding to an upper value of  $\Delta G^\ddagger_{253.5} = 14.7\text{ kcal mol}^{-1}$ . Phosphorus-31 magnetisation-transfer measurements were also performed at  $0^\circ\text{C}$ , to examine if there is any significant exchange between **5b/5c** and **5a**. None was detected, placing an upper limit of  $2\text{ s}^{-1}$  for exchange from **5b/5c** to **5a**. Hence the activation energy for the conversion is greater than  $15.5\text{ kcal mol}^{-1}$ . In order to explain these data it is necessary to determine the structures of isomers **5a–5c**.

The structures were determined by a combination of  $^1\text{H}$  and  $^{13}\text{C}$  NMR spectroscopy. At  $-60^\circ\text{C}$ , decoupling difference  $^1\text{H}$  NMR spectroscopy was used to determine the sequence of hydrogen signals around each  $\text{C}_8\text{H}_9$  ring. For the major isomer, **5c**, the problem was complicated by the accidental degeneracy of two signals at  $\delta$  4.91. Decoupling difference established the connectivity permitting the assignment in Fig. 1(a). These  $^1\text{H}$  nuclei were related to the attached  $^{13}\text{C}$  nuclei by a two-dimensional  $^{13}\text{C}\{-^1\text{H}\}$  correlation spectrum and the assignments are given in Fig. 1(b). These measurements establish that two adjacent carbon nuclei which have chemical shifts in the range expected for  $\text{sp}^2$  nuclei at  $\delta$  122.5 and 127.6 are attached to the protons at  $\delta$  5.21 and 4.90 respectively. This permits the unambiguous positioning of the unco-ordinated carbon atoms within the ring and hence the determination of the structure as the (1,2,3,4,5- $\eta$ )- $\text{C}_8\text{H}_9$  isomer. This is in contrast with dicarbonyl[(1,2,3,6,7- $\eta$ )-cyclooctatrienyl](trimethylsilyl)ruthenium(II).<sup>11</sup>

The  $^{31}\text{P}$  magnetisation measurements have established chemical exchange between isomers **5c** and **5b**. Hence, qualitative  $^1\text{H}$  magnetisation-transfer measurements at  $-25^\circ\text{C}$  were used to establish the  $^1\text{H}\text{--}^1\text{H}$  connectivity between **5b** and **5c**. In addition, decoupling difference was used to establish coupling connectivity within **5b**. The  $^1\text{H}$  NMR assignments are given in Fig. 2(a). These  $^1\text{H}$  nuclei were related to the attached  $^{13}\text{C}$  nuclei by a two-dimensional  $^{13}\text{C}\{-^1\text{H}\}$  correlation spectrum and the assignments are given in Fig. 2(b). The position of the unco-ordinated double bond and dienyl moiety are identical to that in **5c**, but the chemical shifts of the dienyl are significantly different. The carbon which shows the large coupling to  $^{31}\text{P}$  has moved from one end of the dienyl to the other. By analogy with  $[\text{Ru}(\eta^5\text{-C}_7\text{H}_9)\text{Cl}(\text{PPh}_3)_2]$ , it is proposed that the two isomers are as given in Fig. 3. The  $^{31}\text{P}$  NMR spectrum of  $[\text{Ru}(\eta^5\text{-C}_7\text{H}_9)\text{Cl}(\text{PPh}_3)_2]$  shows that the  $\text{PPh}_3$  groups are inequivalent. The  $J(^{31}\text{P}\text{--}^{13}\text{C})$  coupling to the  $^{13}\text{C}$  NMR signals at  $\delta$  53.0 and 99.3 for **5b** and  $\delta$  58.4 and 97.4 for **5c** is consistent with *trans*- $\text{PPh}_3$  groups. The  $^{13}\text{C}$  chemical shifts are also consistent with the relative *trans* influence of the  $\text{PPh}_3$  and Cl ligands.

Examination of the  $^1\text{H}$  chemical shifts of isomers **5b** and **5c** shows the danger of assigning structures from NMR spectra without a CH correlation measurement. The  $^1\text{H}$  NMR spectra are equally consistent with a (1,2,5,6,7- $\eta$ )- $\text{C}_8\text{H}_9$  bonding arrangement. It is only when the connectivity has been established by  $^1\text{H}$  decoupling and the  $^{13}\text{C}$  NMR signals have been assigned by CH correlation that it is possible unambiguously to assign the structure.

The interconversion of isomers **5b** and **5c** occurs by rotation of the  $\text{RuCl}(\text{PPh}_3)_2$  moiety with respect to the  $\eta^5\text{-C}_8\text{H}_9$  ligand, see Scheme 2. This mechanism is established for the analogous  $[\text{Ru}(\eta^5\text{-C}_7\text{H}_9)\text{Cl}(\text{PPh}_3)_2]$  derivative.<sup>2</sup> The mechanism which interconverts the inequivalent  $\text{PPh}_3$  ligands in **5c** produces pairwise exchange between the signals at  $\delta$  5.89 and 1.31, 4.91 and 5.21, and 4.90 and 3.17. This is consistent with the exchange shown in Scheme 3. Possible intramolecular processes which are consistent with this exchange are either *via*  $[\text{Ru}(\eta^7\text{-C}_8\text{H}_9)(\text{PPh}_3)_2]^+$  or chloro[(3,4,5- $\eta$ )-cyclooctatrienyl]bis(triphenylphosphine)ruthenium(II).

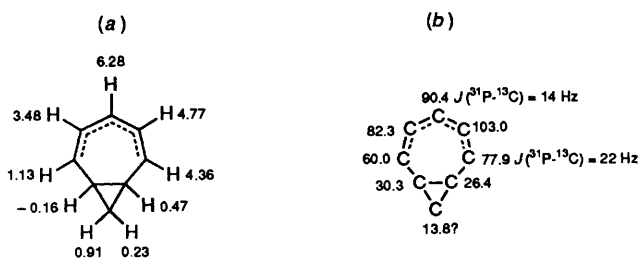


Fig. 4 The  $^1\text{H}$  and  $^{13}\text{C}$  NMR chemical shifts of the  $\text{C}_8\text{H}_9$  ligand in isomer **5a**

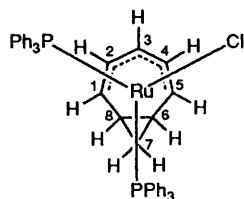


Fig. 5 The probable structure of isomer **5a**

The  $^1\text{H}$  NMR spectrum of the third isomer, **5a** was assigned by a combination of decoupling difference and magnetisation-transfer measurements, see Fig. 4(a). The dynamic process which causes exchange of the  $\text{PPh}_3$   $^{31}\text{P}$  NMR signals causes pairwise exchange across the ring, exchanging the pairs of protons at  $\delta$  3.48 and 4.77, 1.13 and 4.36 and  $-0.16$  and  $0.47$ . The  $^1\text{H}$  NMR signals were related to the  $^{13}\text{C}$  NMR signals by a two-dimensional  $^{13}\text{C}\{-^1\text{H}\}$  correlation experiment, and this is the basis of the assignments given in Fig. 4(b).

The position of the  $\text{RuCl}(\text{PPh}_3)_2$  fragment with respect to the organic bicyclo[5.1.0]octadienyl ligand was deduced from  $J(^{31}\text{P}\{-^{13}\text{C}\})$ , which is large when the  $\text{PPh}_3$  is *trans* to the carbon atom. The probable structure of isomer **5a** is given in Fig. 5. The  $^{13}\text{C}$  chemical shifts are consistent with the relative *trans* influence of Cl and  $\text{PPh}_3$ . The exchange of the two inequivalent  $\text{PPh}_3$  groups and pairwise proton exchange is consistent with the rotation of the  $\text{RuCl}(\text{PPh}_3)_2$  moiety.

There have been a number of preparations of compounds containing the  $\eta^5\text{-C}_8\text{H}_9$  ligand involving protonation of the  $\eta^4\text{-C}_8\text{H}_8$  ligand, yielding a wide selection of products. Many of the published reactions have relied on  $^1\text{H}$  NMR data for elucidation of the structure. In the present work it is clear that the structures of **5b** and **5c** could not have been reliably determined by  $^1\text{H}$  NMR spectroscopy alone, and so published structures relying purely on such data must be viewed with caution.

In the present work the addition of cyclooctatetraene to  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  yields both  $[\text{Ru}(\eta^5\text{-C}_8\text{H}_9)\text{Cl}(\text{PPh}_3)_2]$ , two isomers, and  $\{(2,3,4,5,6\text{-}\eta\text{-bicyclo[5.1.0]octadienyl}\text{-chlorobis}(\text{triphenylphosphine})\text{ruthenium(II)}\}$ . The ratio of the compounds is approximately constant. As the  $(1,2,3,4,5\text{-}\eta\text{-C}_8\text{H}_9)$  metal compounds  $\{\text{metal} = [\text{Fe}(\text{CO})_3]^+$  or  $[\text{Ru}(\eta^6\text{-arene})]^+$ , arene =  $1,3,5\text{-Me}_3\text{C}_6\text{H}_3$  or  $\text{C}_6\text{Me}_6\}$  isomerise to the  $(1,2,3,6,7\text{-}\eta\text{-C}_8\text{H}_9)$  derivatives it is probable that in the case when 'metal' =  $\text{RuCl}(\text{PPh}_3)_2$  a similar isomerisation occurs. The ratio observed for **5a**:**5b**:**5c** is independent of whether the reaction between cyclooctatetraene and  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  has been stopped before completion, or has been allowed to continue for several hours at room temperature. It is therefore probable that the rate of isomerisation of  $[\text{Ru}(\eta^5\text{-C}_8\text{H}_9)\text{Cl}(\text{PPh}_3)_2]$  to the  $(2,3,4,5,6\text{-}\eta\text{-bicyclo[5.1.0]octadienyl}$  compound is faster than the formation of the former from cyclooctatetraene and  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$ , and the product ratio reflects an equilibrium between the isomers. At  $20^\circ\text{C}$  the half-life of the reaction between cyclooctatetraene and  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  is only a few minutes, giving an upper limit to the activation energy of the interconversion of the  $(1,2,3,4,5\text{-}\eta\text{-C}_8\text{H}_9)$  and  $(2,3,4,5,6\text{-}\eta\text{-bicyclo[5.1.0]octadienyl}$  derivatives

as  $21\text{ kcal mol}^{-1}$ . Magnetisation-transfer measurements have established a lower activation energy for this process of  $15.5\text{ kcal mol}^{-1}$ . It is clear from this and earlier work that there are only very small energy differences between the co-ordination modes of the  $\eta^5\text{-C}_8\text{H}_9$  ligand.

## Experimental

The NMR spectra in  $\text{CD}_2\text{Cl}_2$  were measured on a Bruker WH400 spectrometer. The temperatures were measured using a Comark electronic thermometer, by replacing the sample with an NMR tube containing a thermocouple in  $\text{CH}_2\text{Cl}_2$ . Carbon-13 chemical shifts were referenced to the central resonance of  $\text{CD}_2\text{Cl}_2$  at  $\delta$  53.6,  $^{31}\text{P}$  chemical shifts were determined relative to external  $85\%$   $\text{H}_3\text{PO}_4$ .

The following experimental procedure was employed to carry out the DANTE<sup>12</sup> measurements. A suitable temperature was chosen so that there was a little line broadening due to exchange. After the spectrometer had stabilised at that temperature, the  $T_1$  values of the  $\text{P}(\text{OMe})_3$  groups were estimated using the  $10D_1\text{-}\pi\text{-}D_1\text{-}\frac{\pi}{2}$  pulse sequence, adjusting the delay,  $D_1$ , for null signal. Subsequently the relaxation delay was taken as  $10D_1$ . The DANTE pulse length was optimised for maximum signal inversion. The measurements were carried out using the pulse sequence:  $\{[\text{read free induction decay (f.i.d.)}\text{-}(10D_1\text{-}(D_2\text{-}P_1)_{30}\text{-}D_3\text{-}\frac{\pi}{2}\text{-acquire})\}_8\text{-write f.i.d.}\text{-change } D_3\}_m\text{-reset exchange delay, } D_3\}_n$ , with  $m$  typically 10 and  $n$  chosen to give adequate signal:noise ratio. Typical values are  $D_1 = 3\text{ s}$ ,  $D_2 = 0.2\text{ ms}$ ,  $P_1 = 2.8\text{ }\mu\text{s}$ ,  $D_3 = m$  values with the minimum being  $3\text{ }\mu\text{s}$  and the largest  $10D_1$ , and  $\frac{\pi}{2}$  pulse =  $40.0\text{ }\mu\text{s}$ . The remaining times were chosen to give a spread over the exchange and relaxation times, typically: 0.01, 0.02, 0.04, 0.06, 0.08, 0.1, 0.2 and 0.4 s. This sequence has the advantage that any temperature drift during the experiment will be spread over all the measurements. The resulting data were analysed as previously described.<sup>13</sup>

The complex  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  was prepared following established procedures.<sup>14</sup> The cyclooctatetraene, purchased from Aldrich, was purified by passage through alumina shortly before use. The NMR solutions were prepared by taking  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  (ca. 50 mg) in a Schlenk tube, and adding degassed  $\text{CD}_2\text{Cl}_2$  (ca.  $0.3\text{ cm}^3$ ). A syringe was used to transfer the solution to a nitrogen-filled 5 mm NMR tube fitted with a B10 socket and subbase. The tube was immersed in liquid nitrogen. A solution of cyclooctatetraene ( $50\text{ }\mu\text{l}$ ) in degassed  $\text{CD}_2\text{Cl}_2$  (ca.  $0.1\text{ cm}^3$ ) was added. When the solution had frozen the tube was transferred to a solid  $\text{CO}_2\text{-acetone}$  bath at  $-78^\circ\text{C}$  and the contents mixed by shaking. The tube was then brought slowly to room temperature, and the reaction observed as the violet solution of  $[\text{RuCl}(\text{H})(\text{PPh}_3)_3]$  was consumed and the yellow-brown products formed. The tube was then placed in the probe.

## Acknowledgements

B. E. M. thanks the SERC for financial support.

## References

- See, for example, B. R. James, *Adv. Organomet. Chem.*, 1979, **17**, 323 and refs. therein.
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